

# About Us

MyGuide: Long COVID is an online tool created in collaboration with patient partners, Post-COVID-19 Interdisciplinary Clinical Care Network (PC-ICCN), Provincial Health Systems (PHS), and healthcare professionals.

It offers tools and resources for individuals living with symptoms of Long COVID, as well as the caregivers who support them including families, healthcare professionals.

All resources are available in English and French.

## Acknowledgements

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## Have Feedback?

If you would like to receive a response to your question or concern, please email [MyGuide@phsa.ca](mailto:MyGuide@phsa.ca)

Click [here](#) to access our anonymous feedback form.

## Additional links

- [About Post-COVID-19 Interdisciplinary Clinical Care Network](#)
- [About Canadian Guidelines for Post-COVID-19 Condition \(CAN-PCC\)](#)
- [CAN-PCC guidelines](#)
- [About Long Covid Web](#)